

ARE YOU PREPARED FOR A **SUDDEN** CARDIAC ARREST?



Save Lives with Defibrillators.

Your heart is one of the **most important** muscles.

Your heart is one of the most important muscles as it pumps blood all around your body. This blood is full of oxygen, which is needed by every cell in your body.



**Cardiac arrest
is a leading
cause of death.**

**A cardiac arrest occurs when
the heart malfunctions and
stops beating unexpectedly.**

Your brain and vital organs become starved of oxygen; you become unconscious and stop breathing or do not breathe normally.

SCA

Sudden Cardiac Arrest?

What causes a



#1 killer in Australia

A Cardiac Arrest is usually caused by a malfunction in your heart's electrical system that causes your heart to stop pumping.

Certain heart conditions and events can lead to Cardiac Arrest if they cause a life-threatening arrhythmia (heart rhythm problem).

Although heart disease is a common cause of many cardiac arrests, they may also be caused by **trauma, respiratory (breathing) problems, drowning, electrocution or allergic reactions**. Sometimes there is no identifiable cause of a cardiac arrest.





Why is an
**automated
external
defibrillator** **AED**
Important

Cardiac arrest can be reversible in some victims
if it's treated within a few minutes.

Step 1

Call your local
emergency
number and start
CPR right away.

Step 2

If a AED is
available, use it
as soon as
possible.

If there are **2** people

If two people are available to help,
one should begin CPR immediately
while the other calls your local
emergency number and finds an AED.

**FAST ACTION
CAN SAVE
LIVES.**



AEDs can deliver a life-saving electric shock,
which often means the difference between life or death.

**The HeartSine500P is the only AED which provides CPR feedback
based on assessment of the patient.**

ALSCO'S AED

Extra Protection

Higher water and dust protection rating than any other AED. IP56 certified.

Tough & Ready

Comes with shock-proof carry case. Can be operated from within the case, saving precious seconds in an emergency.

Simple Operation

Easy 3-step operating procedure with visual & audio prompts

Fast time to shock

Will administer the shock within 8 seconds if required.



Light. Easy. Zero Training.

AlSCO's portable AEDs are light weight so anyone can carry them, have simple press-button technology and step-by-step voice instructions, making it suitable for use by both professionally trained medics and staff with zero medical training.

**Contact us today to learn more about AEDs
on a managed rental service with CRG.**

02 9851 4600 |  cleanroom.com.au



Information sourced from:

 heart.org

 RESTART
A HEART

 Ambulance
Victoria